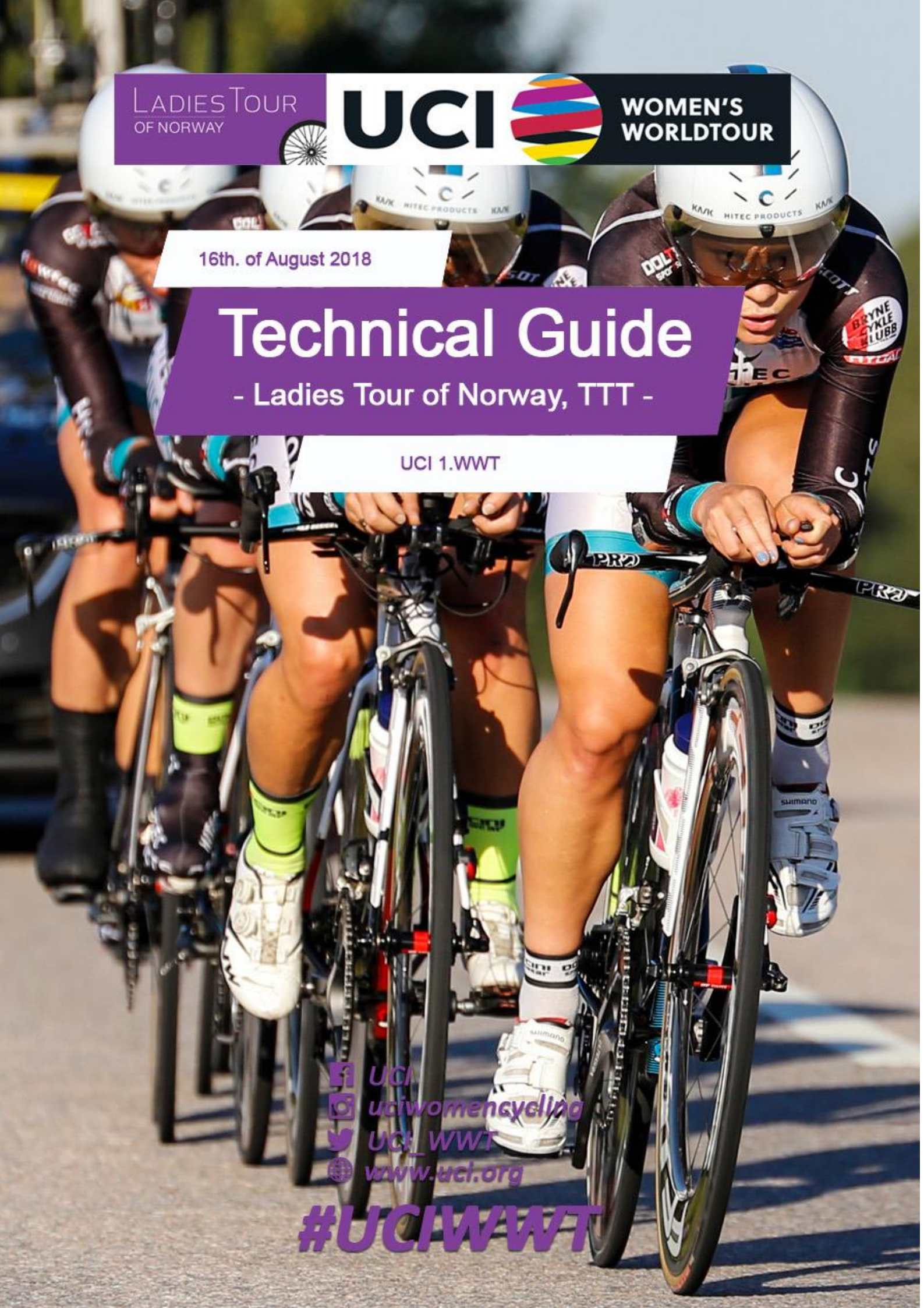
LADIES TOUR
OF NORWAY
UCI
WOMEN'S
WORLDTOUR
16th. of August 2018
Technical Guide
- Ladies Tour of Norway, TTT -
UCI 1.WWT
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Organization

Race Director	Roy Moberg	+47 906 49 339
Technical Director	Anders Eia Linnestad	+47 900 68 423
Safety director	Bjørn Erik Tuv	+47 419 00 400
Route manager	Torjus Larsen	+47 907 47 472
Arena manager	Marius Jørgensen	+47 959 94 909
Convoy manager	Frank Kildebo	+47 944 83 961
Race Headquarters	Anne Lena Moum	+47 959 21 544
Media	Kjell-Erik Kristiansen	+47 465 42 820
Accommodation	Astrid Brøchner	+47 414 35 393
Accommodation	Gry Moberg	+47 402 88 626
Race doctor	Harald Lystad	+47 970 58 824
Radio Tour	Skjalge Kraglund	+47 906 60 354
Doping control officer	Jan Nijmeijer	+31 650 500 750
Timing/results	EQ timing	

College of Commissaries

President of the commissaires panel	Alexander Donike (GER)
Member of the jury	Jakob Knudsen (DEN)
Member of the jury	Solveig Skottene (NOR)
Member of the jury	Heidi Stenbock-Haakestad (NOR)
Finish judge	Kenneth Simonsson (SWE)
Time keeper	Vegard Gimre (NOR)
Moto commissaire 1	Søren Knudsen (DEN)
Moto commissaire 2	Jon Olav Ødegaard (NOR)
Assistant commissaire	Janne Marie Haakestad Børresen (NOR)

Hotel information

Team- and Organization Hotels during the race:

Thon Hotel Halden
Langbrygga 1, 1767 Halden
+47 69 21 33 00
halden@thonhotels.no
GPS: 59.118949"N 11.3842763"E

Fredriksten Hotel
Generalveien 25-27, 1769 Halden
+47 69 02 10 10
post@fredrikstenhotell.no
GPS: 59.116118"N 11.39494"E

Park Hotel Halden
Marcus Thranesgt. 30, 1776 Halden
+47 69 21 15 00
booking@parkhotelhalden.no
GPS: 59.124042"N 11.379717"E

Hospital information

Main hospital:
Sykehuset Østfold
Kalnesveien 300, 1714 Grålum Telephone: + 47 69 86 00 00
Emergency number: 113

Emergency Ward in Halden:
Kjærlighetsstien 30, 1781 Halden
Telephone: +47 69 17 23 11
GPS: 59.1294341"E,11.3761179"E

Specific Regulations

Article 1. Organization

Ladies Tour of Norway TTT is organized by Ladies Tour of Norway AS, under the regulations of the UCI. It is to be held 16th of August 2018.

Ladies Tour of Norway AS
Pb 87, 1751 Halden,
Phone: +47 906 49 339
Email: roy@lton.no

Article 2. Type of Event

The event is classified as an UCI cat 1.WWT event, and is open to riders of the Women Elite category, who are members of a UCI-registered team, or a National Team. In conformity with UCI rule 2.13.006, points are awarded as follows for the UCI Women's WorldTour ranking:

1. 200 points	10. 35 points
2. 150 points	11. 30 points
3. 125 points	12. 25 points
4. 100 points	13. 20 points
5. 85 points	14. 15 points
6. 70 points	15. 10 points
7. 60 points	16.-30. 5 points
8. 50 points	31.-40. 3 points
9. 40 points	

The points on the scale shall be awarded to the team. These points shall be divided equally between the riders finishing the event. Calculations shall be rounded to a hundredth of a point.

Article 3. Participation

As per article 2.13.004 of the UCI regulations, the event is open to the following teams:
UCI Women's teams, and national team of Norway and one foreign national team.

As per article 2.13.005 of the UCI regulations, teams must be formed of minimum 4 and maximum 6 riders.

Article 4. Race Headquarters and Team Managers' Meeting

The race headquarters is located at Thon Hotel Halden, Langbrygga 1, 1767 Halden, and the opening hours are:

Wednesday 15th of August; 14:00 to 18:00

Thursday 16th of August; 10:00 to 22:00

The commissaries meeting is scheduled to take place at the Race Headquarters, from 13:00 to 14:00, the 15th of August.

Team representatives are requested to confirm their starters and collect their race numbers at the Race Headquarters from 14:30 to 15:30, the 15th of August.

The team managers' meeting is scheduled for 16:00, the 15th of August, at the Race Headquarters.

Please find all info and schedule for the stage race in the technical guide of the stage race.

Article 5. Radio-Tour

Race information will be broadcasted in English on Radio-Tour, frequency 154.925 MHz.

Article 6. Classifications and time bonuses

There are no in-race competitions.

Article 7. Start and procedure

The starting order of the teams will be given at the team managers meeting. The interval will be 2 minutes between the 11 first teams and 3 minutes between the 10 last.

Starting order of the teams will be the reverse order of the UCI Women´s Worldtour team ranking of 1st August. Team(s) without points in the standing of UCI Women´s Worldtour and teams not present at the Team Managers Meeting will start first, order by random selection.

As per article 2.5.009, the riders of each team shall present at the bike check point no later than 15 minutes before the scheduled start time. Before the start, an additional check can be done.

Article 8. Prizes

The following prizes are awarded: See page 10.
A grand total of € 4735,- will be awarded in prize money at the event.

Article 9. Anti-Doping

The UCI anti-doping regulations are entirely applicable to the event. Moreover, and in conformity with the law of Norway, the Norwegian anti-doping legislation is applicable in addition to the UCI anti-doping regulations.

The anti-doping tests will take place at the Anti-Doping Unit that will be located adjacent to the finish.

Article 10. Awards ceremony

Ceremony will be held immediately after the results are approved.

The following riders must attend the official awards ceremony:

Teams placed number 1, 2 and 3.

In addition to this, the leader of the UCI Women´s Worldtour and the leader of the UCI Women´s Worldtour U23 classification must attend the ceremony.

Article 11. Penalties

The UCI scale of penalties is the only one applicable.

Article 12. Environmental protection

All event participants are kindly reminded to vigorously respect the environment and only throw their waste in the allocated waste bins and designated litter zones during the race.

Article 13. Special instructions

Responsible driving:

1. Switch on the lights. Low-beam headlights are required at all times (even if your vehicle is equipped with daytime running lights)

2. Always wear a seatbelt. Seatbelts are mandatory for occupants both in front and back seats of the vehicle.

3. Check your speed: 30/50 kph max in built-up areas, depending on signs, 50 kph max on stretches of road where there are large numbers of spectators. 80 kph max outside built-up areas, even if there are few spectators.

4. Use of mobile phones is forbidden while driving, hands-free shall be used.

5. Zero alcohol limit: 0,0g/liter of blood. Alcohol and drug tests may be carried out during the event.

Team presentation:
It will be held a team presentation Wednesday 15th of August at 18:00. This presentation is mandatory for all teams. All teams will be informed about the order and program at the team managers meeting.

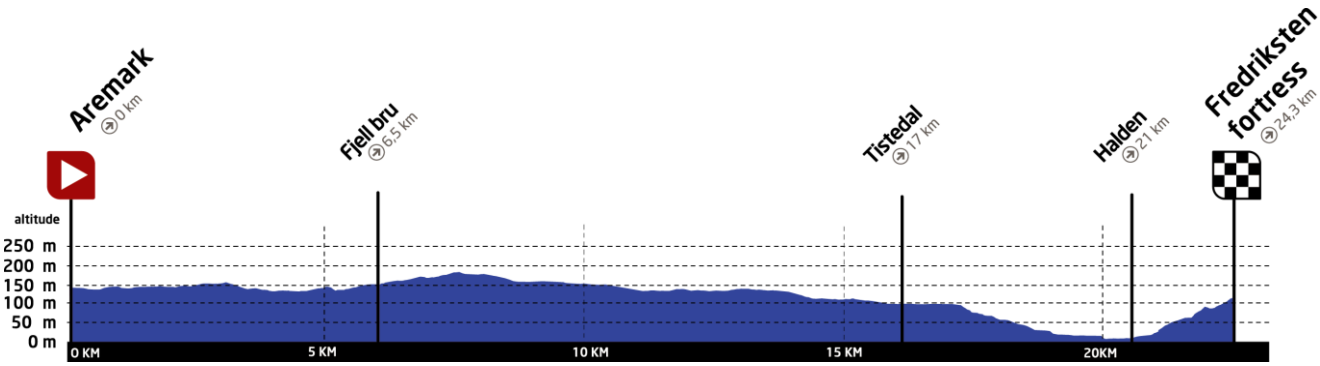
Prize money scale

Ranking	TTT/Team
1st	€ 1 150
2nd	€ 1 130
3rd	€ 820
4th	€ 615
5th	€ 510
6th	€ 510
Total:	**€ 4 735**

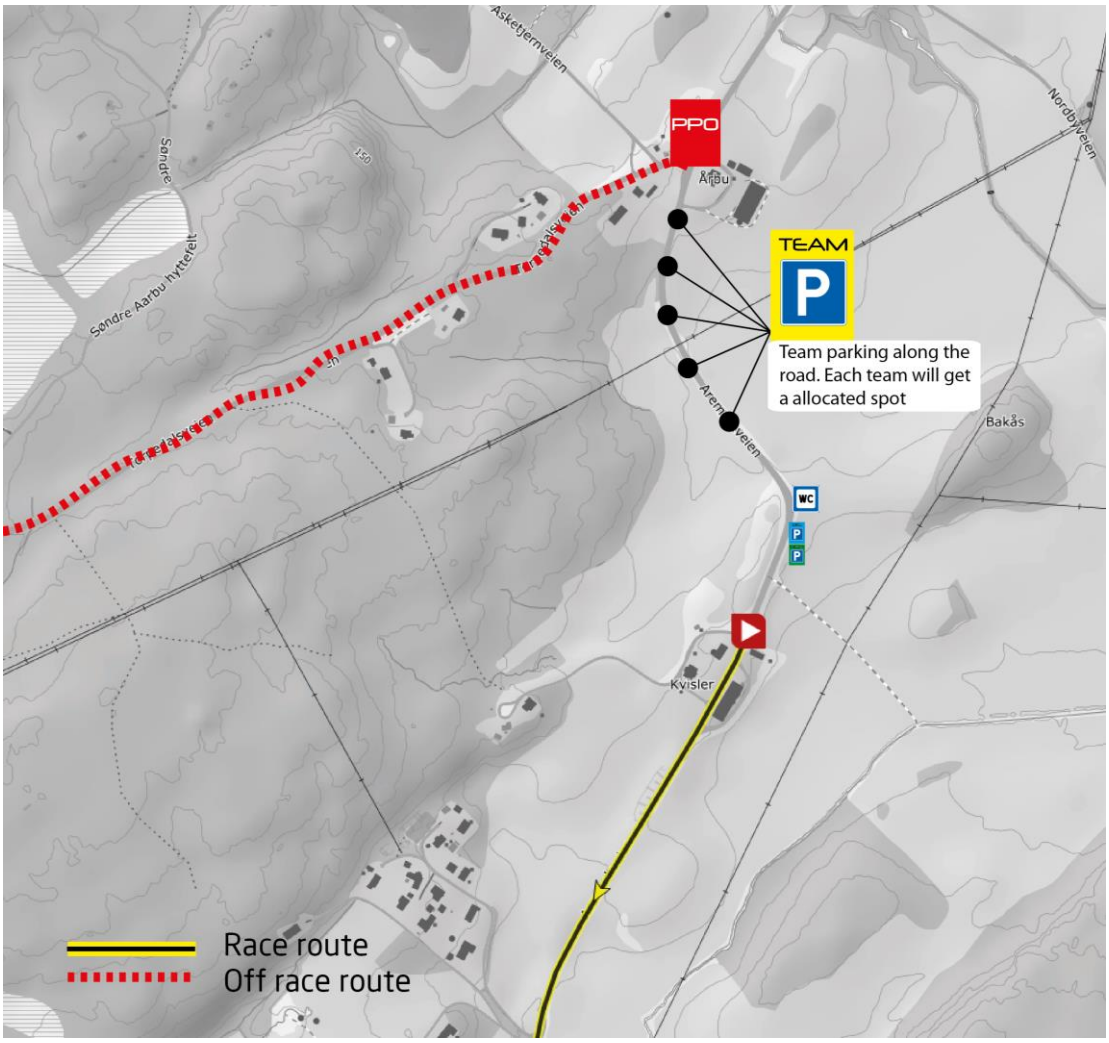
There will also be a «Salmon Awarded Prize» to the winning team of the TTT. The team, staff included, will get fresh Norwegian salmon delivered at a location of choice within Europe.

Route information

Elevation profile



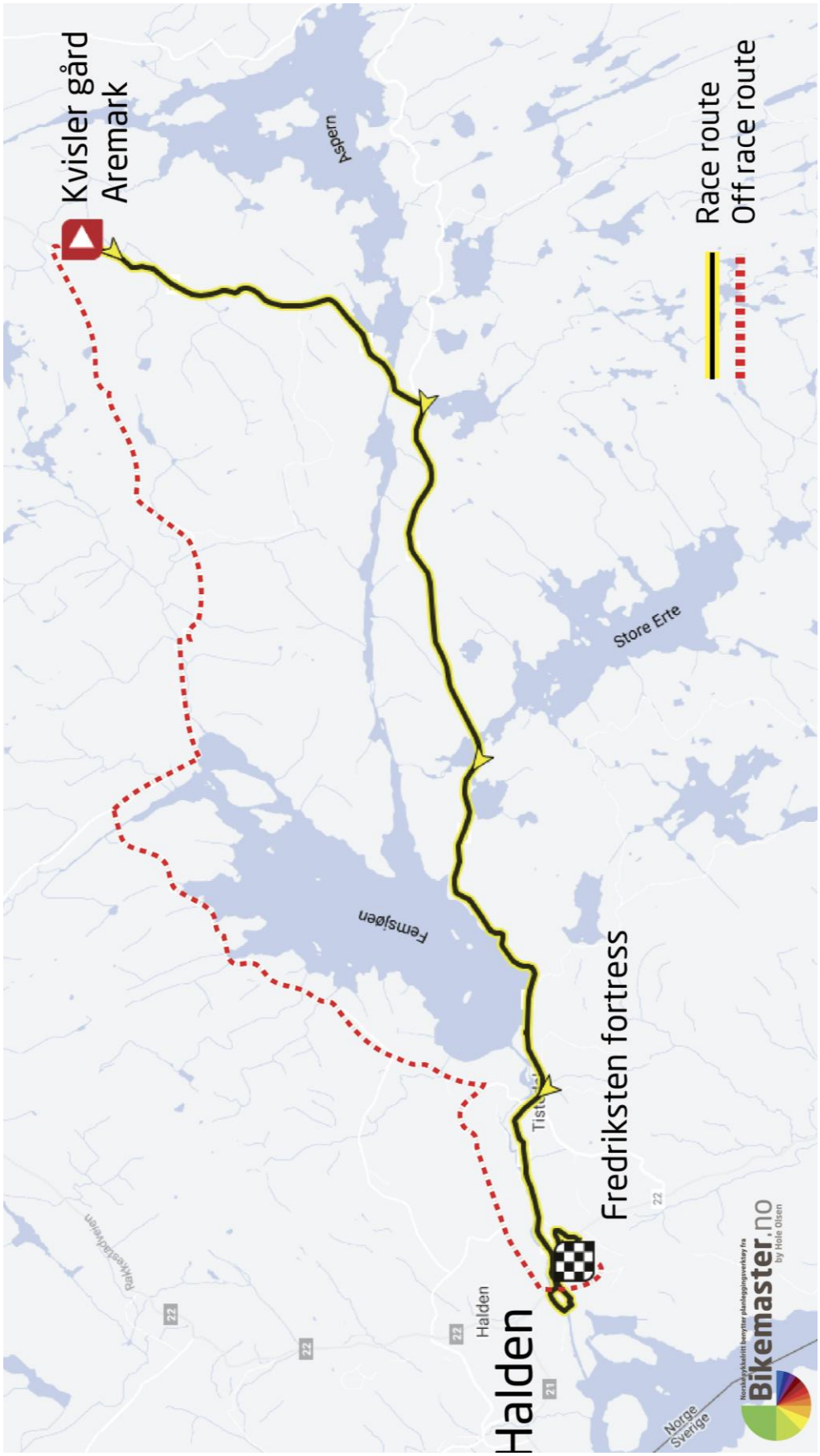
Start area



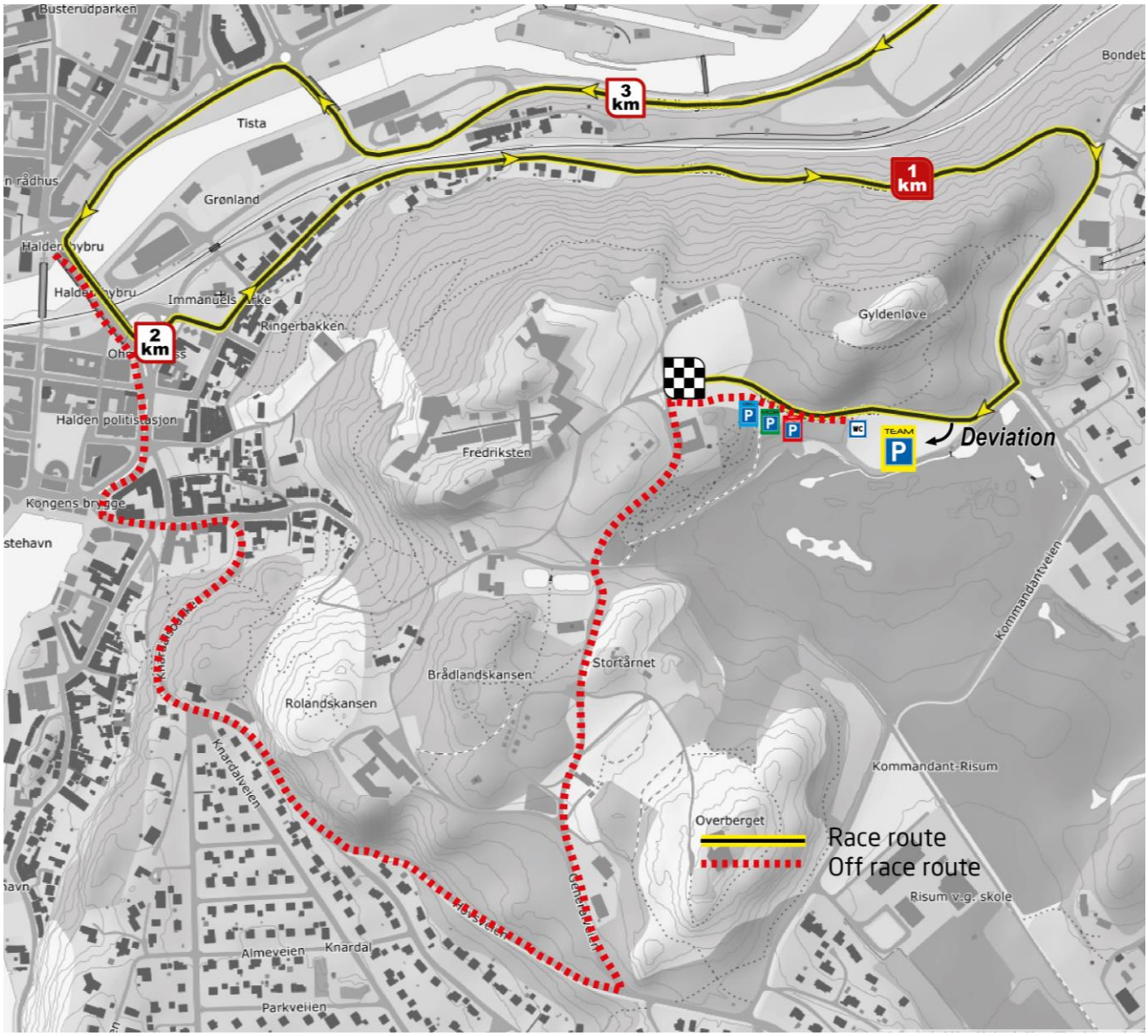
PPO address: Aremarkveien 1905 Aremark. Lat: 59.193103 Long: 11.674734
A guide for the off race route and parking will be handed out at the team managers meeting.

Race route

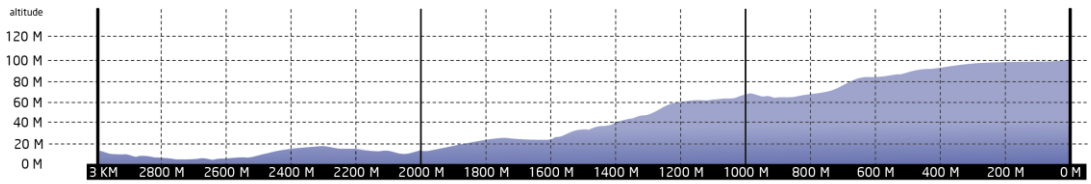
Online race route: https://ridewithgps.com/routes/27788673
Off race route: https://ridewithgps.com/routes/28126515



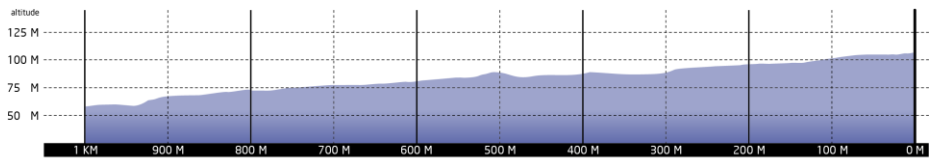
Finish area



3km profile



1km profile



Route description

	KM from start	KM to end	KM/H **46**	KM/H **44**	KM/H **42**	KM/H **40**
Start - Årbu/Aremark	**0**	**24,2**	**17:30**	**17:30**	**17:30**	**17:30**
Fjell bru	6,39	17,9	17:38	17:38	17:39	17:39
Tistedal	17,8	6,5	17:53	17:54	17:55	17:56
Halden	21,8	2,4	17:58	17:59	18:01	18:02
Finish - Fredriksten fortress	**24,2**	**0**	**18:01**	**18:03**	**18:04**	**18:06**